

**Tour du Haut-Bugey Agglo-19 Septembre 2021-Pass Cyclisme**  
**itineraire détaillé**

**VELO CLUB IZERNORE VEL'HAUT-BUGEY**

| <b>PARCOURS</b>                                | <b>Km</b>   | <b>HORAIRE<br/>PREVU<br/>36 Km/h</b> | <b>HORAIRE<br/>PREVU<br/>40 Km/h</b> | <b>Territoire<br/>de la<br/>commune</b> |
|--|-------------|--------------------------------------|--------------------------------------|---|
| MAILLAT (départ fictif)                        |             | <b>14:30</b>                         | <b>14:30</b>                         | Maillat                                 |
| ▲ MAILLAT-D12H.Grands moulins (départ réel)    | <b>0</b>    | <b>14:37</b>                         | <b>14:37</b>                         | Maillat                                 |
| ▲ CONDAMINE D12 (traverser)                    | <b>1</b>    | <b>14:38</b>                         | <b>14:38</b>                         | condamine                               |
| ▲ LE BALMAY-D12 (traverser)                    | <b>2,5</b>  | <b>14:41</b>                         | <b>14:40</b>                         | Vieu d'Izenave                          |
| ▲ VIEU D'IZENAVE (traverser)                   | <b>4,8</b>  | <b>14:45</b>                         | <b>14:44</b>                         | Vieu d'Izenave                          |
| ◀ CARREFOUR D12/D57                            | <b>5,5</b>  | <b>14:46</b>                         | <b>14:45</b>                         | Outriaz                                 |
| ▶ CARREFOUR D57/C1                             | <b>6</b>    | <b>14:47</b>                         | <b>14:46</b>                         | Outriaz                                 |
| ▶ CARREFOUR C1/D12F                            | <b>7,1</b>  | <b>14:48</b>                         | <b>14:47</b>                         | Outriaz                                 |
| ▲ LANTENAY D12F (entrée)                       | <b>7,3</b>  | <b>14:49</b>                         | <b>14:47</b>                         | Lantenay                                |
| ▶ LANTENAY D12F direction Izenave              | <b>7,6</b>  | <b>14:49</b>                         | <b>14:48</b>                         | Lantenay                                |
| ▲ IZENAVE D12F (traverser)                     | <b>10,2</b> | <b>14:54</b>                         | <b>14:52</b>                         | Izenave                                 |
| ▶ CARREFOUR D12F/D12E direction Vieu d'Izenave | <b>11</b>   | <b>14:55</b>                         | <b>14:53</b>                         | Izenave                                 |
| ▶ CARREFOUR D12E/D12                           | <b>12,3</b> | <b>14:57</b>                         | <b>14:55</b>                         | Izenave                                 |
| ▲ VIEU D'IZENAVE D12 (traverser)               | <b>14,9</b> | <b>15:01</b>                         | <b>14:59</b>                         | Vieu d'Izenave                          |
| ▲ LE BALMAY-D12 (traverser)                    | <b>17,1</b> | <b>15:05</b>                         | <b>15:02</b>                         | Vieu d'Izenave                          |
| ▲ CONDAMINE D12 (traverser)                    | <b>19,2</b> | <b>15:09</b>                         | <b>15:05</b>                         | condamine                               |
| ◀ CARREFOUR D12/D12H                           | <b>20,5</b> | <b>15:11</b>                         | <b>15:07</b>                         | Maillat                                 |
| ▲ MAILLAT (traverser)                          | <b>21,8</b> | <b>15:13</b>                         | <b>15:09</b>                         | Maillat                                 |
| ◀ CARREFOUR D12H/D1084                         | <b>22,5</b> | <b>15:14</b>                         | <b>15:10</b>                         | Maillat                                 |
| ▶ CARREFOUR D1084/ direction Gariat            | <b>22,7</b> | <b>15:14</b>                         | <b>15:11</b>                         | Maillat                                 |
| ▲ GIRIAT (traverser)                           | <b>26</b>   | <b>15:20</b>                         | <b>15:16</b>                         | Peyriat                                 |
| ▶ PEYRIAT D11                                  | <b>26,6</b> | <b>15:21</b>                         | <b>15:16</b>                         | Peyriat                                 |
| ▲ VOLOGNAT D11 (traverser)                     | <b>29,1</b> | <b>15:25</b>                         | <b>15:20</b>                         | Nurieux                                 |
| ▲ NURIEUX D11 (traverser)                      | <b>30</b>   | <b>15:27</b>                         | <b>15:22</b>                         | Nurieux                                 |
| ▲ CARREFOUR D11/D979                           | <b>31</b>   | <b>15:28</b>                         | <b>15:23</b>                         | Nurieux                                 |
| ▲ PERRIGNAT D11 (traverser)                    | <b>33,1</b> | <b>15:32</b>                         | <b>15:26</b>                         | Izernore                                |
| ▲ INTRIAT D11 (traverser)                      | <b>34,9</b> | <b>15:35</b>                         | <b>15:29</b>                         | Izernore                                |
| ▲ SORPIAT D11 (traverser)                      | <b>36,2</b> | <b>15:37</b>                         | <b>15:31</b>                         | Matafelon                               |
| ▲ MATAFELON-GRANGES D11 (traverser)            | <b>39,4</b> | <b>15:42</b>                         | <b>15:36</b>                         | Matafelon                               |
| ▶ CARREFOUR D11/D18 direction Izernore         | <b>39,8</b> | <b>15:43</b>                         | <b>15:36</b>                         | Matafelon                               |
| ▲ CARREFOUR D18/D13                            | <b>41,8</b> | <b>15:46</b>                         | <b>15:39</b>                         | Samognat                                |
| ▲ CONDAMINE-DE-LA-BELLOIRE D18                 | <b>42,9</b> | <b>15:48</b>                         | <b>15:41</b>                         | Samognat                                |
| ▲ IZERNORE D18 (1er passage)                   | <b>45,8</b> | <b>15:53</b>                         | <b>15:45</b>                         | Izernore                                |
| ▶ CARREFOUR D18/D85                            | <b>46</b>   | <b>15:53</b>                         | <b>15:46</b>                         | Izernore                                |
| ▶ CARREFOUR D85/D11 direction Intriati         | <b>48</b>   | <b>15:57</b>                         | <b>15:49</b>                         | Izernore                                |
| ▲ INTRIAT D11 (traverser)                      | <b>48,3</b> | <b>15:57</b>                         | <b>15:49</b>                         | Izernore                                |
| ▲ NEBOIS D11 (traverser)                       | <b>48,8</b> | <b>15:58</b>                         | <b>15:50</b>                         | Izernore                                |
| ▲ SORPIAT D11 (traverser)                      | <b>49,6</b> | <b>15:59</b>                         | <b>15:51</b>                         | Matafelon                               |
| ▲ MATAFELON-GRANGES D11 (traverser)            | <b>52,8</b> | <b>16:05</b>                         | <b>15:56</b>                         | Matafelon                               |
| ▶ CARREFOUR D11/D18 direction Izernore         | <b>53,2</b> | <b>16:05</b>                         | <b>15:56</b>                         | Matafelon                               |
| ▲ CARREFOUR D18/D13                            | <b>55,2</b> | <b>16:09</b>                         | <b>15:59</b>                         | Samognat                                |

